

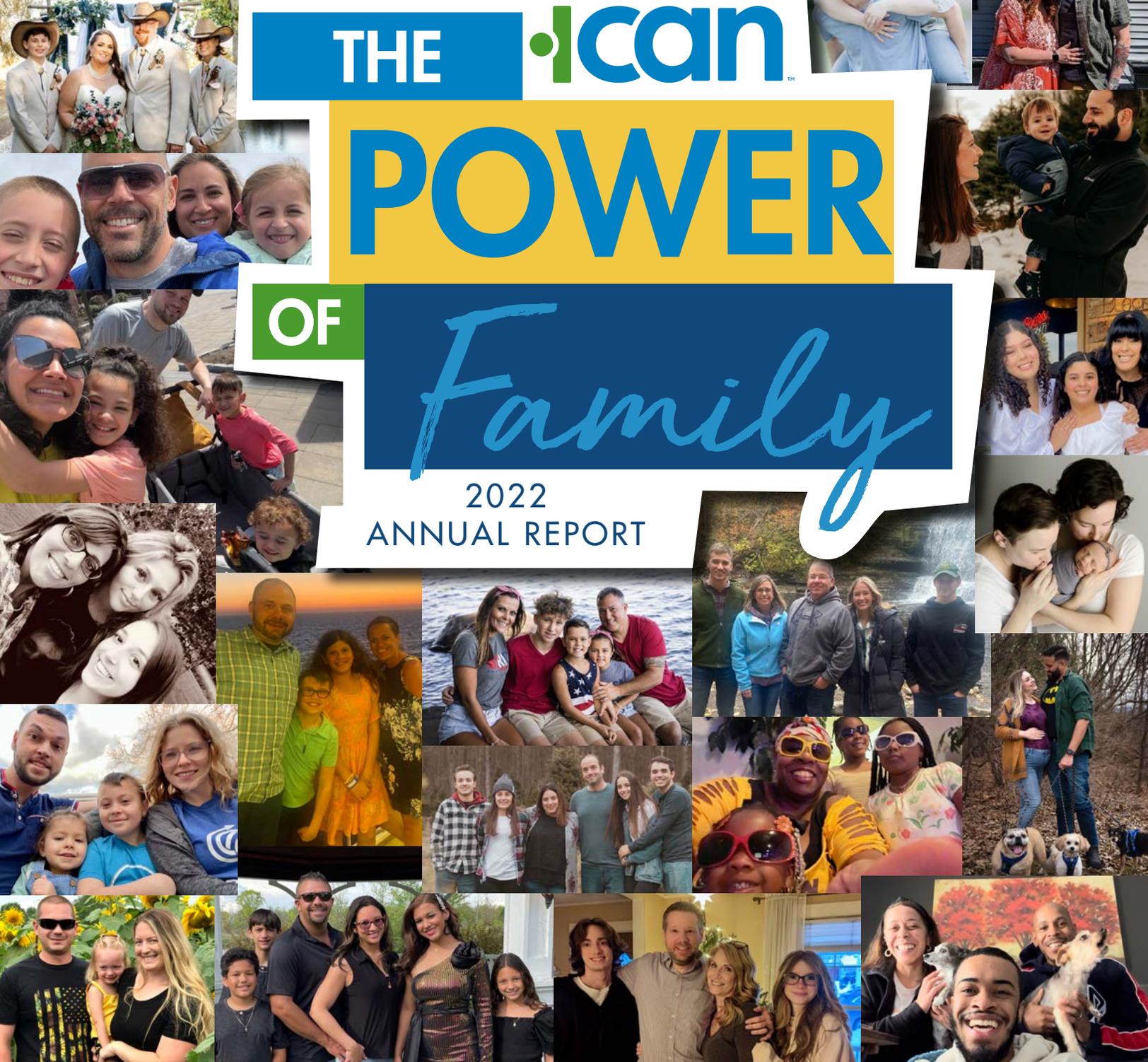


THE **ican**

POWER

OF *Family*

2022
ANNUAL REPORT



What you
KNOW ABOUT iCan™

- ✓ We are all about family
- ✓ Our work culture is second-to-none
- ✓ We're a place to do great work and advance your career
- ✓ Positive interactions are the norm – from the first person that greets you to our CEO
- ✓ We're always growing!

SOME OTHER AMAZING THINGS YOU SHOULD KNOW...

We have a recognized innovative impact on mental and behavioral health in our region, in the state and beyond

As a large employer, we made a significant impact in 2022 to 212 staff and their families (*hundreds of individuals!*) every day

We are making a tremendous impact in our regional economy with over \$20 million of projects in development

For the first time in ICAN's history, we are proud to say that we served over 2,000 individuals every day in 2022

ICAN reaches thousands of clients across the full life span, with prenatal to end of life care

The front and back covers showcase ICAN staff members and their families - the ones who Keep Families Together every day!

2022 ICAN Executive Team

Kristen Rasmussen
Chief Operations Officer



Jeremy Butler
Chief Administrative Officer



Allison Jackson
Chief Programs Officer



Chris Lambe
Chief Financial Officer



Steven Bulger
CEO/Executive Director

2022 Board of Directors



Dr. Lynn Kattato, *President*



Sarah Lam, *Vice President*



Rob Swenszkowski,
Secretary/Treasurer



Tatjana Kulalic



Bill McDonald



Dr. Mark Montgomery

25 • ican™

YEARS

OF

Innovation

Growth

&

Family

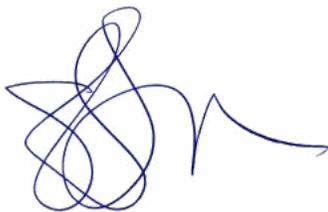
A LETTER FROM OUR
CEO/EXECUTIVE DIRECTOR

For 25 years, ICAN has proven that a strong organization is one that puts employees, providers and in turn *families* first. The growth and staying power that our organization continues to experience is simply the result of dedicated individuals that believe in the power of family.

In 2022, milestones were accomplished, dreams realized, and new ventures begun. In this report, you will read in more detail about our Family Resource Center opening, new partnerships, our statewide reach, our internal efforts, program expansion, progress of the new Utica Children's Museum, the opening of Elevate CNY Sports Complex and the exciting things on the horizon for ICAN. All of this is monumental and showcases a year that overflowed with celebration and forward movement.

The thing that I will remember about 2022, long after I retire, is that ICAN was named the Best Place to Work in Central New York. What a testament to the people that we work with and the culture which we have built and will continue to foster.

By strengthening our own family, we are in turn strengthening the greater community. Our collective work will certainly have profound generational impacts and such accomplishment deserves much celebration.



Steven Bulger
CEO/Executive Director

ICAN CULTURE SHINES THROUGH!

★ 10th Annual ★
CNY BUSINESS JOURNAL
BEST 2022
PLACES TO WORK

ICAN was awarded the honor of The Best Place to Work in Central NY (non-profit with 101+ employees) at the CNY Business Journal's 10th annual Best Places to Work event in summer 2022. In the biggest pool of nominees they have ever had, from all sectors of business across 16 counties, we validated the premise that ICAN's culture is second to none. Most rewarding is that the thorough analysis of all the nominations was done based heavily on what our staff shared about their experience working here! We are so honored and share this award with every ICAN team member working with drive and heart each day Keeping Families Together!



GREAT FEEDBACK FROM OUR STAFF

“

ICAN allows for personal and professional growth. I feel part of a team - that makes a huge difference in the community we live in.

”

“

ICAN culture is warm, welcoming, positive, and professional – we balance the vibe of a world-class corporation with a mom-and-pop family feel.

”

“

I feel respected, supported and like I can share my life experiences with the clients I serve. I cannot express enough how ICAN has changed my life.

”

“

ICAN not only helps families to be the best they can be, it also models those qualities. People help each other, they are considerate and inclusive.

”

“

I know when I come to work that they'll be flexible for my and my family's needs. I'm not just an employee, I'm an individual. I also know that I'll always feel appreciated, respected, and cared for...

”

“

ICAN has a unique eye to see the potential in something or someone and bring out the very best of it.

”



Family

RESOURCE CENTER



Our new Family Resource Center at 106 Memorial Parkway in Utica is well on its way to becoming a hub for learning, wellness, connectedness and FUN! ICAN staff moved into their new offices right after Labor Day in September and since, have hosted many meetings, community groups and classes, internal ICAN events, press events, trainings and much more. Supervised Visitation, Healthy Families, Nurturing Parenting, Community Education and Training, and School Based Programs are housed on the first floor. Administrative departments – Human Resources, Finance, Marketing and Development, Quality Improvement, Strategic Planning and IT – provide shared services to ICAN and the Children’s Museum on the third floor. In Spring 2024 the new Utica Children’s Museum will open on the second floor and in the newly built rotunda.

2022 PROGRESS ON THE FAMILY RESOURCE CENTER AND THE NEW UTICA CHILDREN’S MUSEUM



JANUARY



MARCH



MAY



JULY



UTICA

CHILDREN'S

Museum

A great deal of progress was made at the Utica Children’s Museum in 2022. The new rotunda began to take shape and significant progress was made on the second floor where the exhibits will be displayed. The Museum was excited to welcome back in-person events once again. The second annual Mini Golf Classic Tournament and *100 Plates. One Table.* at Historic Union Station were both very successful.

As planning continues in many aspects for the new museum, our cultural advisory group met and provided guidance and ideas for exhibits and future programming. The rebrand process for the museum’s new brand identity kicked off with a public survey, board session, staff interviews and more. The museum also posted its first staff positions. With support from New York State Council on the Arts (NYSCA), an Education Manager will join the team as we get closer to opening the new

space. This position is pivotal in enhancing playful learning opportunities.

The Mobile Museum had 34 appearances in the community throughout the year including February and April School Breaks at local libraries and many community festivals and events.

In May, Museum Director Donna Migliaccio was a participant in a panel at the Association of Children’s Museums National Conference in St. Louis titled “What’s the Big IDEA behind Universal Design?” along with Hands On! Studio, the Children’s Museum of Pittsburgh and the Center for Inclusive Design and Environmental Access at University of Buffalo. This was the first of what we hope will be many national talks about the uniqueness and intentionality of our museum project to assure it is universally designed where all feel welcome and



SEPTEMBER



OCTOBER



NOVEMBER



DECEMBER

ICAN OPENS

NEW

Sports Complex



A SPACE FOR YOUTH TO THRIVE

In November 2022, ICAN expanded our footprint in the Mohawk Valley by opening a sports complex in Westmoreland. ICAN's acquisition of the building has allowed this community asset to remain operating for youth sports and recreation for all.

The 60,000 square foot facility includes 23 acres of land with walking trails. Inside are three turf fields which are equipped to host a multitude of teams, camps and leagues including soccer, football, baseball, softball, lacrosse, field hockey and more. The facility offers opportunity for all ages and abilities from beginner athletes to high school, adult and traditional, high level competitive leagues.

With ICAN's expertise as a trusted human services agency focused on mental and behavioral health services, Elevate CNY will also offer additional non-traditional programming for youth at the new facility. Our Community Education and Training Program is able to integrate "beyond the sports" offerings such as leadership academies and trainings for coaches

and teams, which compliment athletics perfectly. Creating opportunities for underserved groups in the community to have access to quality space, fields and skill building is also a goal for the facility, as well as a focus on overall physical wellness for additional populations.

Since opening, the facility has been operating at close to capacity and has hosted soccer leagues, multiple school break camps, birthday parties and special events bringing in collegiate and professional athletes to work directly with kids.

Elevate CNY can also act as an outreach center for access and awareness to mental health services. Social engagement and interaction, having the support of coaches and teammates and having a third space to feel safe and stress free all serve as important protective factors in a child's life. Elevate is a platform for ICAN to do that on a large scale for children throughout the region as we collectively heal after one of the most difficult times the world has seen.

NEW

and Expanded

PROGRAMS



SNUG GUN VIOLENCE PREVENTION PROGRAM

Our new SNUG program began in 2022 – a statewide, evidence-based violence reduction initiative that engages people living in communities most impacted by violence. Since launch, SNUG has held multiple shooting response rallies, engaged close to a dozen participants, has been present at important community events and canvassed many neighborhoods building awareness. They have also created events that are engaging youth and providing fun, positive outlets for them and the public.

YOUTH ACT TEAM

The ICAN Youth Assertive Community Treatment (ACT) team officially started on July 1, solidifying the program design we assisted New York State in creating over a number of years. ACT supports children with complex mental health needs and their families so that they may remain in their homes and communities, achieve success in their educational, vocational or employment endeavors and foster positive relationships among friends and family.



HEALTHY FAMILIES EXPANSION

Healthy Families is an evidence-based, preventative program that gives families a strong foundation right from the very start. It is free and voluntary and works with families prenatally or who have newborns, all the way through when their child turns five years old. This program helps families meet the challenges of parenting, with great results including healthier babies, positive family bonds, appropriate discipline, and children who enter school ready to learn.

In 2022 we expanded the program to Montgomery and Schoharie Counties and are excited to become an integral part of these communities.



ICAN has demonstrated that positive outcomes can be achieved despite significant trauma, mental illness, and psychosocial stressors and barriers. We are able to do this consistently and effectively because of our philosophies and approach towards family-centered treatment and care that is both strength- and team-based.

WRAPAROUND PHILOSOPHY

ICAN supports and empowers families at the center and forefront of the care they are seeking and their voice and choice are respected as the most important part of the treatment process.

Wraparound Philosophy is a team-based planning process intended to provide individualized, coordinated and family-driven care to meet an individual’s complex needs utilizing a wide array of services and community resources. The treatment team, including family, service providers and natural supports, adhere to the following principles of the Wraparound philosophy.





TRAUMA-INFORMED

Trauma-informed care recognizes and responds to the signs, symptoms and risks of trauma to better support the health needs of patients who have experienced trauma and toxic stress. This is done by recognizing that trauma and traumatic events affect people in different ways.

It is therefore essential when promoting recovery and resilience to ensure that individuals are not retraumatized through experiences with systems through which they access treatment and support.

ICAN is committed to delivering all of our supports and services through a trauma-informed lens to provide the safest and most inclusive environment for individuals to show up as their authentic selves and deal with the trauma that is affecting their lives.

Guiding Principles of Trauma Informed Care:



SOCIAL DETERMINANTS OF HEALTH

According to the World Health Organization, social determinants of health (SDOH) are the nonmedical factors that influence health outcomes. They are the conditions in which people are born into and these forces and systems affect daily life. Studies show that SDOH have a more significant influence on overall health and wellness over genetic factors or access to healthcare services.

For 25 years, ICAN has been addressing SDOH by helping children, families and individuals access care across all the factors that impact their health and well-being.

Now, ICAN is making the commitment to further expand our provider network to provide even more services to ensure our families are getting the support they need.

Some examples of Social Determinants of Health:

Food Assistance/Insecurity

Transportation

Mental Health and Trauma

Housing and Shelter

Education and Employment

Social Enrichment

THE *Impact* OF *can*

Reflecting on a successful 2022, many of our departments compiled some impressive numbers showcasing our growth. These represent our impact as a major employer, a contributor to our community, a supporter of a diverse array of businesses, and the impact we have on those we serve.

377,578

Miles driven by staff for client visits, their transportation needs and more

Total client contacts in 2022

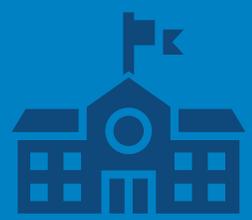


96,923

50,000 through our Independent Practice Network



216



95,760

Classroom interactions with our School-Based ARCHES and STARRS programs

Total staff members as of December 31, 2022

82

New staff welcomed in 2022

40%

of new hires filled brand **NEW** positions at the agency!



That mileage is equal to just over 15 times around the world!



87
 trainings conducted
 by our staff members

200
 training hours

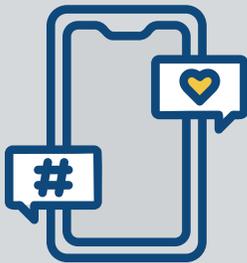
5,000
 individuals trained

\$5,743,964

Raised for our *Together We Can!* Capital Campaign
 to support our new Family Resource Center
 and the Utica Children's Museum

785,000+

People reached on
 ICAN's social media platforms
 (average of 2,150/day!)



1,132



total number of gifts
 and donations received
 by ICAN in 2022



400

different vendors
 worked with in 2022



A FIRST-OF-ITS-KIND YOUTH CONFERENCE



OVERCOMING OBSTACLES

On October 11, 2022, ICAN, Utica National Insurance Group, Oneida-Herkimer-Madison BOCES and Westmoreland Central Schools welcomed over 2,200 area ninth graders to the “Overcoming Obstacles: A Message of Connection, Resilience and Hope” Conference at SUNY Polytechnic Institute. Twenty four school districts from Oneida, Herkimer and Madison Counties were represented at the event. The transition from middle school to high school poses many challenges for our youth - and the pandemic has created even more obstacles for them to overcome. This conference was packed with over 29 dynamic workshops and activities that were highly interactive and culminated with positive messages of hope and perseverance from two amazing keynote speakers: Erin Gruwell, author and founder/executive director of The Freedom Writers Foundation and Liz Murray, author of *“Breaking Night: A Memoir of Forgiveness, Survival and My Journey from Homeless to Harvard.”*



STATEWIDE

Training



ICAN's Training and Education Department spent 2022 in growth mode, increasing staff and preparing for future opportunities and expansion, while also traveling the state conducting trainings on many important topics. ICAN was asked to deliver a series of keynote addresses, plenaries

and concurrent workshops throughout the year at a number of statewide conferences, many of which had not convened in more than three years due to the pandemic.

ICAN provides training to schools, businesses and more on Mental Health First Aid, Trauma-Informed Care, Power of Positivity and Having a Positive Mindset, De-escalation, Behavior Management, the Impact of Social Media on our Mental Health and more.

ICAN's culture of showcasing our internal expertise is always at work. In addition to the core department, many times we tap into our exceptional 200+ team members from across the agency to have them share their knowledge on their areas of focus. Overcoming Obstacles was a great example of giving many individuals their first opportunity to create a custom session and/or facilitate a group, sparking a love for teaching and inspiring others.

We also offered statewide training as part of the Utica National Insurance Group's, "Head of the Class" Risk Management Series where staff traveled across New York State providing training to school district superintendents and business officials on the impact of the pandemic on students' mental health.

This department is developing training institutes specific to the needs of our partners – school districts, businesses, etc. – so that we can continue to offer comprehensive, timely training and information to help them and the community as a whole address our most pressing needs.



SOME ORGANIZATIONS ICAN WORKED WITH IN 2022

Association of NYS Youth Bureaus Annual Conference

NYS Care Management Coalition Conference

NYS Coalition for Children's Behavioral Health Staff Development Training Forum

NYS Coalition for Children's Behavioral Health Annual Policy Forum

Herkimer Chamber of Commerce Keynote Address

TRAINING ACROSS THE STATE!





ICAN

IN THE

COMMUNITY



Throughout the year, ICAN creates and supports many events and initiatives – our own, those we partner with and ones put together by others. These events give our own families, the families we serve AND families throughout the community opportunities to spend time together, provide positive experiences and a chance to interact with their communities, and creates spaces to unwind and have fun.

ICAN BASKETBALL ACADEMY

The ICAN Basketball Academy, made possible with support and partnership with The Edwin J. Wadas Foundation, Inc. and the Doneilus King Basketball Academy, was a huge success. All young players took part in basketball skill building as well as mindfulness exercises through yoga. Participants took home brand new sneakers, backpacks and shirts, as well as new basketballs so they can continue to practice and hone their skills.



FAMILY TIME AT LOCAL BASEBALL GAMES

Baseball is a wonderful asset to our local communities, showcasing collegiate athletes and providing fun summer outings for kids and families. We held an “ICAN Night” at a Utica Blue Sox game which gave us a chance to spend time with our own families, watch some stellar baseball AND to support family time for those in our community. The Utica Children’s Museum’s Mobile Museum came along as well, bringing fun to the young fans!



ICAN also had a Family Night at Mohawk Valley Diamond-Dawgs Baseball with a double header and TWO wins for the Dawgs! Our CEO/Executive Director threw out the first pitch and we all enjoyed a perfect summer night on the deck.



FOOD, MUSIC AND FAMILY AT FOOD TRUCK RALLY

ICAN was the 2023 sponsor of “All the Family Time You Can Have” at Roser Communications’ What the Truck?! annual food truck series. It was a great way to spend time together, relax outdoors, listen to live music and eat some great food.

ADVANCING DIVERSITY, EQUITY, INCLUSION AND BELONGING AT ICAN

Our internal DEIB Coalition continues to meet and work on many initiatives that are strengthening our team, ICAN policies and individual knowledge and learning. In December 2022, we held the first of four all-staff DEIB training sessions, entitled “Cultural Humility”. The training featured exercises on personal and social identity, and reflection and analysis on those we trust in our lives. Understanding yourself first is an important step in DEIB work which leads to lifelong learning, changing of personal habits and eventually change in the larger systems and structures around us. The Coalition has also been leading internal celebrations and engaging team members for Hispanic Heritage Month, Black History Month and more.



CHILD ABUSE PREVENTION MONTH

April is a month ICAN always puts a great deal of care and effort into helping raise awareness to prevent child abuse. Along with social media efforts, speakers and planting pin-wheel gardens, each year we join the national effort to Wear Blue. We recruit ICAN departments, vendors, partners and more to join us, reaching tens of thousands of people.



MENTAL HEALTH AWARENESS MONTH

Mental health is a focus every day at ICAN and Wear Green day in May is another awareness-raising effort to help break stigma, to urge people to get help if they need it and to monitor their own mental health while also looking out for others.



THANKSGIVING FOR ALL!

Our annual Thanksgiving For All effort supplies turkeys and all the sides and fixings needed for ICAN families to have a great holiday meal. We spent time together readying over 220 packages, which were distributed to families throughout our service area by dozens of ICAN staff.



MAKING THE HOLIDAYS BRIGHTER FOR FAMILIES

The Adopt a Family program has been providing support to ICAN families during the holidays since 2003 and many generous supporters have made it possible for us to support thousands of children and caregivers over the years. In 2022, we were able to serve 326 families (916 individuals) and helped make the holidays brighter for a record number of those we support.



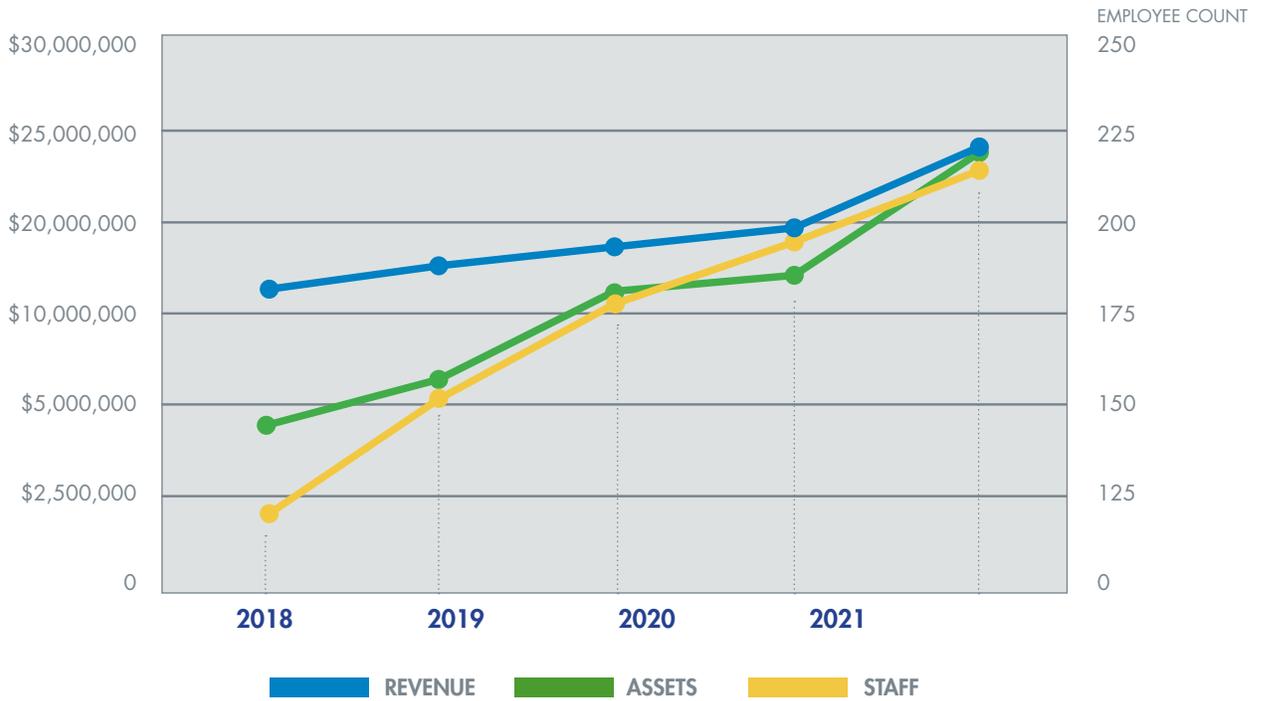
CONTINUED *Growth* AT ICAN

FIVE YEAR GROWTH IN REVENUE, ASSETS AND STAFF

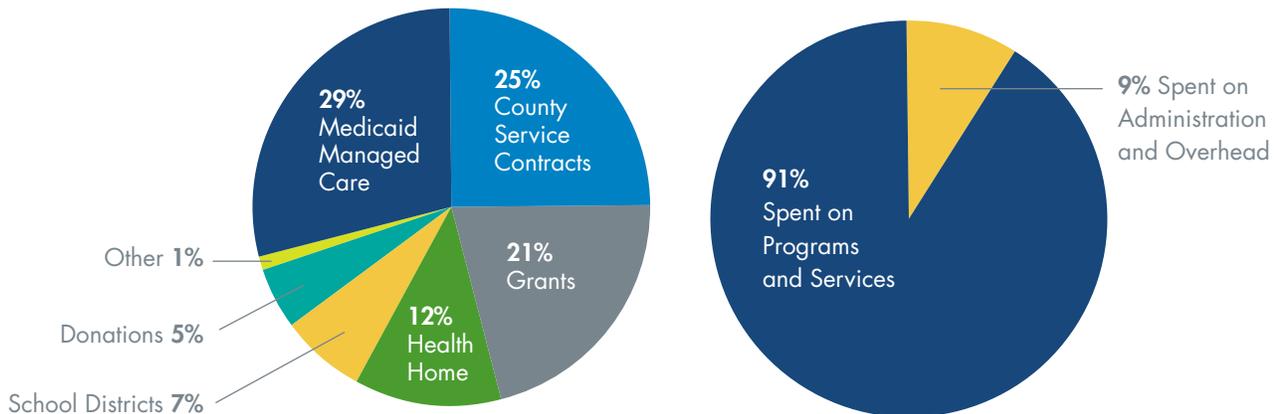
2022 REVENUE:
\$24,221,000

2022 ASSETS:
\$24,282,000

2022 TOTAL STAFF:
221



REVENUE AND EXPENSES



85% OF ICAN'S EXPENSES GO TOWARDS OUR PEOPLE – PAYROLL, FRINGE BENEFITS AND OUR PROVIDER NETWORK

SALARIES AND FRINGE

2022 TOTAL: \$11,746,000



SUBCONTRACTED SERVICE PROVIDER EXPENSES

2022 TOTAL: \$5,378,000



ICAN Staff operates out of 10 locations across the Mohawk Valley, including four buildings owned by ICAN.

ICAN has diversified funding through contracts with state and federal agencies, counties, cities, school districts, colleges, and managed care organizations.

ICAN contributed over \$500,000 to employee pensions in 2022 through payroll match and profit sharing.



2022

DONORS

WE ARE THANKFUL TO THE MANY BUSINESSES AND INDIVIDUALS WHO SUPPORTED OUR WORK AND OUR VISION OF KEEPING FAMILIES TOGETHER THIS YEAR

BUSINESSES AND ORGANIZATIONS

5 AXIS Motorsports
Abdoo Security & Automation, Inc.
Abraham House
Adirondack Bank
Adirondack Financial Services
Advanced Group Financial Services, LLC
AirWell Duct & Dryer Cleaning
Al Candido Consulting
All Seasons Textile Services, Inc.
AmeriCU Credit Union
Aria Building Supply
Arlott Office Products
B.P.O.E Utica Lodge #33
Babes at Harbor Point
Bagg's Square Brewing Company
BAIRD & The Earl Savery Group
BAIRD Foundation, Inc.
Bank of Utica
Beebe Construction Services, Inc.
Berkshire Bank
Birch Wealth Management, Inc.
Black River Systems Company, Inc.
BNY Mellon Community Partnership
Bonacci Architects
Bossone's Sausage & Meat Company
Brindisi, Murad, Brindisi & Pearlman, LLP
Broadway Theatre League of Utica, Inc.
BSN Sports
Builders Club at Perry Jr. High School
C & D Advertising
Caruso McLean & Co., Inc.
Casale Public Affairs
The Celtic Harp
Center for Family Life and Recovery, Inc.
Charles A. Gaetano Construction Corporation
Circelli LCSW Support Services, PLLC
City of Utica
Clifford Fuel Company, Inc.
Clinton Tractor & Implement Co.
CNY Awards & Apparel, Inc.
CNY Brain and Spine Neurosurgery
CNY Youth Connections
Colgate University

Colonial Life
Cooley Group, Inc.
Court Street Children's Center
Cruise Inn By Mike
CSArch
Cuda Counseling LCSW, PLLC
Daniele Imports
D'Arcangelo & Co., LLP
DIA MARC - US Navy
Digestive Disease Medicine of CNY, LLP
Donovan Middle School
East Utica Optimist Club
EJA Moving Services Inc.
Enea Family Funeral Homes, Inc.
eni - Employee Network, Inc.
The Estate Planning Law Center
Excellus Blue Cross Blue Shield
F.J. Basile, CPAs, PC
Fat Cats
Feast & Festivities by O'Connors
FedEX
Fidelis Care
Finger Lakes N.Y. Chapter NECA, Inc.
First Presbyterian Church of Holland Patent
First Source Federal Credit Union
Fulton Chain Supply Co.
The Flemma Group
The Fountainhead Group, Inc.
G. Camesano Meat & Cheese
The GE Foundation
Gentlemen's Corner Barber Shop
Getnick Livingston Atkinson & Priore, LLP
The Giacobbe Group
The Goldmine Jewelers
GPO Federal Credit Union
Greater Utica Chamber of Commerce
The Guardian Life Insurance Company of America
Habanos Cigars
Hage & Hage, LLC
Hancock Estabrook, LLP
Hands On! Studio
Hannaford

Hannaford Community Bag Program
The Hanover Insurance Group
Harley-Davidson of Utica
Herkimer College
Herkimer County Multi-Bench Courts
Hilton Estate & Elder Law, LLC
Hoffman Development Corporation - Hoffman Car Wash
The House of the Good Shepherd
Indium Corporation
It's a Utica Thing!
Joey's @307
The Kelberman Center
L.B. Security & Investigations, Inc.
Lafa - Mediterranean by Zeina's
Leggett Consulting
Levitt AMP Utica Music Series
Little Falls Ace Hardware
Little Falls Youth & Family Center
M&P Community Services
M&R Heating & Air Conditioning Service, Inc.
M&T Bank
MARCH Associates Architects & Planners, PC
Marcy Excavation Services, LLC
Marr-Logg House
Mastrovito Hyundai
McCraith Beverages
McDonald's Corporation
McGrath Funeral Home
McGrogan Design
Mohawk Valley Association of REALTORS
Mohawk Valley Capital Management, LLC
Mohawk Valley Health System
mōtus
Munson
Nail Creek Pub & Brewery
National Grid
NBT Bank
New Hartford Presbyterian Church
New Hartford Teachers Association
New Vision Family Services LLC
New York Corrections and Youth Services

New York Sash
 Northland Communications
 Nothing Bundt Cakes
 NYCM Insurance
 One Genny
 One Stop Janitorial & Office Supply
 Oneida County
 Oneida Indian Nation
 Oneida Nation Enterprises
 Oneida Youth Inc.
 Pacemaker Steel & Piping Company
 Palm Springs Mini Golf
 Paradigm Consulting, Inc.
 Parkway Drugs
 Pavia Real Estate Services
 The Pines
 PJ Green, Inc.
 Price Chopper - South Utica
 Professional Installation Services
 Quality Manufacturing Company
 Quality Youth Services LLC
 R. A. Wood Associates, LLC
 Red Hats
 Reins N' Roses
 REM Fire Systems, Inc.
 RES Youth Works
 NYSUT Retiree Council 8
 Retro Fitness

Revere Youth Services, LLC
 Rite Aid Healthy Futures
 Roemer Wallens Gold & Mineaux LLP
 roi Office Interiors Inc.
 Roselawn Banquet Facility
 Salisbury Ridgerunners
 Sanzo's Auto Service
 Sauquoit Universal Pre-K
 Savon 039
 The Schard DeSarro LaPaglia Leogrande
 Group - Morgan Stanley
 Seed and Weed Garden Club
 Seneca Wine & Liquor
 Shear Envy Salon
 Sickenberger Lane
 Sidney Federal Credit Union
 Site-Seeker, Inc.
 Slavin, Jackson & Burns -
 Comprehensive Dentistry
 Sotera Investigative Group LLC
 Sovena
 St. Lawrence Federal Credit Union
 Staffworks
 Steet Ponte Auto Group
 Stephen S. Starr Mechanical Corporation
 Stewart's Shops
 Swifty's Restaurant & Pub
 T.R. Joslyn Enterprises, LLC

Target
 Thermo Heating & Air Conditioning Co., Inc.
 Tioga Construction Co., Inc.
 Trainor Associates
 Turning Stone Resort Casino
 United Methodist Women of Clinton -
 United Methodist Church
 Upstate Wealth Consulting
 Utica Coffee Roasting Company
 Utica Comets
 Utica University
 UTELCU Utica District Telephone
 Employees FCU
 Utica First Insurance Company
 Utica Roots Landscaping
 Utica Spray & Chemical
 Valley Signs
 Valley View Golf Course
 Vincent A. Enea Funeral Services, LLC
 Walmart - New Hartford
 Walmart - Oneida
 Walmart - Rome
 Whiter-Hendrix Funeral Home
 Wolfspeed
 Women of Rotary of Greater Utica
 WUTR TV
 Zeina's Cafe

FOUNDATIONS AND FUNDS

Central New York Community Foundation
 Edward Behen Bradley, Jr. Memorial Fund
 Gabriel, Joseph and Lila Mandour
 Karam Fund
 Griffin Charitable Foundation
 Health Foundation of Central &
 Western New York
 Hope Bradbury Fund
 Joseph and Inez E. Carbone Foundation

Joseph D. Corr Police Benevolent
 Association, Inc.
 Kristin's Fund/The Palumbo Family
 M&T Bank/Partners Trust Bank
 Charitable Fund
 Marlene Brown and Earl Lewis
 Endowment Fund
 Mele Family Fund
 Mother Cabrini Health Foundation

"Save of the Day" Foundation, Inc.
 Swancott Fund for Sheltering Women
 The Bank of America Charitable
 Foundation, Inc.
 The Blackbaud Giving Fund
 The Community Foundation of
 Herkimer and Oneida Counties
 The Kuyahoor Valley Foundation, Inc.
 The Edwin J. Wadas Foundation, Inc.
 UpMobility Foundation, Inc.

INDIVIDUALS & FAMILIES

Israel Acosta
 Anna Allen
 Patricia Allen
 Anne Altongy
 Dan Amado
 Anthony Arcuri
 Kathryn Arcuri
 Edward Bailey
 Allyson Baker
 Debra Baker
 Thomas Balch
 Philip Bean
 Susan Bennett
 Monica Best

Laurie Bielby
 Constance Blask
 Michael Bonacci
 Joseph and Mary Bottini
 Michael Boutin
 Sandra Bova
 Jessica Bronga
 Catherine Brown
 Christine Brown
 John Brown
 Natalie Brown
 William Bryant
 Eric Bulger
 Mike Bulger

Laura Bulger
 Joe Bumbolo
 Deb Burke
 Deb Burrows
 Carolyn Bushinger
 Amanda Calabrese
 Al and Deborah Candido
 Dr. Theodore Comesano
 Jennifer Candido
 Kim Candido
 Enessa Carbone and Sal
 Raspante
 Julianne Cardone
 Rita Carlson

Jackie Carman
 Clinton Ray Carpenter
 Robert Carr
 Korin Carville, DDS
 The Casamento Family
 Victoria Cataldo
 Aubree Chandler-Susino
 William Christiaanse
 Janice Cizek
 Daniel Colino
 Keara Connors
 Mark Connors
 Karen Corigliano
 Tara Costello

Carol Cotrupe
Jenn Cough
Barb Crabtree
Patti Cramer
Holly Crandall
Martin Cyr
Barb Dailey
Anna D'Ambrosio
Sheila Davis
Kristen Decker
Anne DeLia
Joseph Demko
Linda Derocco
Steve and Dianne DiMeo
Andi Dinerstein
Celia Domser
Matthew Domser
Patricia Domser
Luann and Daniel Driemiller
Drs. Frank Dubeck and
MaryBeth McCall
Cathy Dumka
Jon Earl
Erika Eastman
James Engler
Robert Esche
Marycarol Evans
Richard Falvo
Donna Falzarine
Cathy Feeley
Anne E. Ferris
Mike Foppes
Jean Franz
Susan Fraser and
John Tierney
Ari Gaeta
Janice Gaffney
Robyn Gaffney
Cookie Ganey
John Geissinger
Fanny George
Angelo Gigliotti
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Cynthia Raiser Jeavons
John Jeavons

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Patrick Stevens
Susan Eversman-Lee

If you would like make a donation to ICAN in 2023, please contact Julian Galimo at (315) 731-2629 or jgalimo@ican.family

COMING

UP

in 2023



ICAN's trajectory of multi-year growth will continue in 2023 and beyond with the adoption of our new three-year strategic plan and progress on already in-place efforts and projects. From additional facilities and a monumental partnership with the Utica City School District and from dedicated new board members to expanding services, we are in a very exciting time for ICAN.

ICAN'S 2023-2026 STRATEGIC PLAN

As a visionary organization, ICAN dreams big. In 2023, we will release our new three-year strategic plan to share key priorities, opportunities, and plans for continued growth and sustainability. The plan is a reflection of an aligned vision from our clients, community, staff, partners, and board and, over the next three years, ICAN is excited to make it happen!

EXPANDING SERVICES TO ADDRESS SOCIAL DETERMINANTS OF HEALTH

Already, ICAN provides holistic care to clients in need of support. In 2023, we will further deepen this commitment by adding new, innovative services and providers to the ICAN Independent Practice Association. We are at the forefront of planning for the upcoming New York State 1115 Medicaid Waiver in the regions we provide services. This will help us shape the delivery of services by reducing disparities, promoting health equity and supporting the delivery of social care.

A NEW HUB IN THE CITY OF AMSTERDAM

After launching services in Montgomery County in 2022, ICAN is now planning to open a new space for staff, clients, partners and community members in the heart of Amsterdam, New York. This new center will offer clinical space, meeting rooms, offices, and open areas to bring ICAN supporters together.

SCHOOL-BASED MENTAL HEALTH CARE IN UTICA CITY SCHOOL DISTRICT

To address increasing behavioral and mental health needs of children in schools across the region, ICAN will launch a new initiative to bring evidence-based training to Utica City School District school leadership and personnel, intensive Tier 1 behavioral health services to special education classrooms, and Tier 2 supports and interventions across schools to support pro-social skill development, life skills, and peer advocacy.



EXPANDING SCHOOL-BASED MENTAL HEALTH

ENSURING IMMEDIATE CARE FOR CHILDREN IN CRISIS

With children in our region facing mental health crises at rates higher than ever before, ICAN looks forward to stepping up to launch a new Respite Residence. Opening in 2023, this new building will offer respite for children and their families to heal from trauma and crisis and receive intensive, supportive services from ICAN and partners.



NEW RESPITE RESIDENCE

PREPARING FOR THE REIMAGINED UTICA CHILDREN'S MUSEUM

2023 will mark the Utica Children's Museum's 60th Anniversary and will take us through the final phase of the museum's reinvention. During the year, the rotunda at the main entrance of the museum will be fully installed and state-of-the-art museum exhibits will be designed and fabricated. The museum will also undergo a rebranding to prepare for its grand opening in 2024.



NEW MUSEUM TAKES SHAPE

STRENGTHENING ICAN'S GOVERNANCE WITH NEW BOARD MEMBERS

To support the ambitious plan for growth in our Strategic Plan, ICAN is bolstering its Board of Directors by welcoming new members in 2023. The new Board Members will bring diverse experiences and expertise to the organization, further reinforcing our ability to launch new initiatives, expand our reach and advance the long-term sustainability of ICAN.



2023 BOARD OF DIRECTORS



310 Main Street
Utica, New York 13501

106 Memorial Parkway
Utica, New York 13501

100 South Main Street
Herkimer, New York 13350



Keeping Families Together

ican.family

